



**T3 Duathlon Series**  
**May 4th, 2014**  
**Race 2 Results**



			<u>Final Time</u>	<u>Run 1</u>	<u>Bike</u>	<u>Bike Split</u>	<u>Run 2</u>
1	Paul Fronhofer	Moreau	40:42:00	9:29	30:37:00	21:08:00	10:05:00
2	Carl Regenauer	Saratoga Springs	41:02:00	9:04	31:12:00	22:08:00	9:50:00
3	Sereena Coombes	Queensbury	44:35:00	9:37	34:10:00	24:33:00	10:25:00
4	John Evansky	Hudson Falls	46:04:00	10:14	34:55:00	24:41:00	11:09:00
5	Isabella Dickens	South Glens Falls	46:19:00	9:57	35:02:00	25:05:00	11:17:00
6	Chris Nelson	Queensbury	47:00:00	10:53	35:49:00	24:56:00	11:11:00
7	Chris Eaton	Johnstown	47:01:00	10:42	34:50:00	24:08:00	12:11:00
8	Norman VanDiest	Glens Falls	47:01:00	9:52	36:13:00	26:21:00	10:48:00
9	Mara Fronhofer	Moreau	48:23:00	11:00	36:26:00	25:26:00	11:57:00
10	Rebecca Evansky	Hudson Falls	48:48:00	11:00	36:40:00	25:40:00	12:08:00
11	Adam Walker	Queensbury	48:52:00	10:15	37:38:00	27:23:00	11:14:00
12	Vincent Kirby	Mechanicville	51:33:00	11:08	39:08:00	28:00:00	12:25:00
13	Chris McNally	Ballston Spa	51:57:00	11:51	38:29:00	26:38:00	13:28:00
14	Jodi Plante	Saratoga Springs	52:16:00	13:39	38:05:00	24:26:00	14:11:00
15	Bridget Crossman	Moreau	53:11:00	12:28	40:12:00	27:44:00	12:59:00
16	Jim Jordan	Saratoga Springs	54:55:00	12:33	41:12:00	28:39:00	13:43:00
17	Renee Gordon	Queensbury	55:32:00	12:49	41:50:00	29:01:00	13:42:00
18	Pamela DelSignore	Saratoga Springs	57:21:00	12:21	44:21:00	32:00:00	13:00:00
19	Ann Crossman	Queensbury	57:39:00	13:11	43:03:00	29:52:00	14:36:00
20	Christine McKnight	Glenmont	58:54:00	14:46	43:13:00	28:27:00	15:41:00
21	Dave Fish	Hudson Falls	59:37:00	13:57	43:34:00	29:37:00	16:03:00
22	Laurie Fish	Hudson Falls	60:03:00	13:43	45:04:00	31:21:00	14:59:00
23	Beth Carroll	Queensbury	62:26:00	14:43	46:22:00	31:39:00	16:04:00

**Course Records: New BIKE Course started in 2012**

**RUN 1**

Bob Underwood (May 15th, 2011) 8:18:00  
 Sonya Pasquini (April 29, 2012) 9:31:00

**BIKE**

Paul Fronhofer (May 4th, 2014) 21:08:00  
 Fran Vincent (April 28, 2013) 23:21:00

**RUN 2**

Nick Marcantonio (May 1, 2011) 8:54:00  
 Heidi Underwood (May 8, 2011) 10:24:00

**Overall Course Records**

Patrick O'Keeffe (May 13, 2012) 39:56:00  
 Sereena Coombes (May 4th, 2014) 44:35:00